



# NEWSLETTER

Thursday 16<sup>th</sup> January 2020

[www.dedham.essex.sch.uk](http://www.dedham.essex.sch.uk)

Telephone: 01206 322242

## Head Talk

This week we have been thinking about respect and responsibility. On Monday, we found out about World Religion Day. The aim of World Religion Day, held on the third Sunday in January every year, is to promote inter-faith understanding and harmony. Through a variety of events held around the globe, followers of every religion are encouraged to acknowledge the similarities that different faiths have.

Also, on Wednesday we welcomed our Open the Book team. We are grateful to Reverend Merv, Sue, Jean and Bea who worked with children in Class 6 to share the story of Joseph and the wonderful coat. We look forward to their visit next month when we will find out more about Joseph's life.

As ever, you can often find me on the gate at the beginning or end of the day.

David Larnar

Headteacher

## Showcase Assemblies this term

Here are the dates for our special class assemblies this term. Class R will welcome their families in the first half of the summer term. Please come and join your child's class and enjoy their Showcase Assembly.

Class R – Tuesday 19<sup>th</sup> May at 2:30pm (hall)

Class 1 – Tuesday 24<sup>th</sup> March at 2:30pm (hall)

Class 2 – Monday 30<sup>th</sup> March at 2:30pm (hall)

Class 3 – Tuesday 17<sup>th</sup> March at 2:30pm (hall)

Class 4 – Tuesday 31<sup>st</sup> March at 2:30pm (hall)

Class 5 – Friday 28<sup>th</sup> February at 2:30pm (hall)

Class 6 – Monday 23<sup>rd</sup> March at 2:30pm (hall)

## If your child is unwell

We have a child within school receiving treatment that means that their immune system will be impaired and it is therefore especially important that children are kept at home if they are unwell.

## Film Club – AMENDED TO FRIDAY 14<sup>th</sup> FEBRUARY

The date of Film Club has changed. It will now be: Friday 14<sup>th</sup> February.

## A message from Essex Child and Family Wellbeing Service (ECFWS)

Each month, we promote and support specific local, national and international campaigns by providing information and resources to schools, communities and organisations that can improve health and wellbeing for all. Our campaigns can be interactive with real-life practical learning examples, including web links to resources, which can be used in the classroom or at home.

This month, we are focusing our campaign on healthy lifestyles to celebrate the New Year.

Join [Change For Life](#) for some great games and recipes to help you all keep healthy this year. We particularly liked the [Frozen](#) inspired 10 minute game of 'Elsa's freeze tag'.

As parents we make an effort to offer our children healthy meals and snacks but it can be frustrating if they refuse to eat them. The NHS have some great tips for [fussy eaters](#):



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- Offer your child the same food as the rest of your family
- Don't leave meals until your child is too hungry or too tired to eat
- Your child may be a slow eater, so be patient

It can get confusing when there is so much conflicting nutrition advice for families so take a look at the clear information on [get to grip with food labels](#) to help you. There is also a handy and fun food scanner app that you and your children can use when shopping.

Make sure you follow your local Essex and Child Family Wellbeing Service on Facebook to find out about all of the great activities they run in your local [Family Hubs and Delivery Sites](#). For example, Colchester Berechurch Family Hub have 'Move it Mondays' activities for all of the family.

Use the Sleep Council's interactive bedroom to find out what could be helping or hindering your [child's sleep](#). Make sure you are also getting enough sleep yourself and if you need inspiration try the [30 day better sleep plan](#).

## Enrichment Activities and General Data Protection Regulations (GDPR)

Following advice regarding compliance with GDPR we will no longer be able to attach flyers regarding possible enrichment activities to our newsletter. We are able to and happy to share these opportunities with our parents and pupils on our display boards as you enter the school gate.

## Calendar dates for the spring term

Date	Event
<b>7<sup>th</sup> January 2020</b>	First day of the spring term for children
<b>Thursday 9<sup>th</sup> January – 9:15am – 10:30am</b>	School tour for parents of new entrants for admission 2020-21
<b>Friday 10<sup>th</sup> January – 3:15pm</b>	KS2 Choir begins
<b>Tuesday 14<sup>th</sup> January – 1:15 – 2:30pm</b>	School tour for parents of new entrants for admission 2020-21
<b>Monday 20<sup>th</sup> January</b>	Child and Wellbeing Team – height and weight check – Class 6
<b>Tuesday 21<sup>st</sup> January</b>	Class 4 visiting Chelmsford Mosque
<b>Tuesday 21<sup>st</sup> January</b>	Child and Wellbeing Team – height and weight check – Class R
<b>Monday 27<sup>th</sup> January – 6:30pm</b>	Full Governing Body Meeting
<b>Thursday 30<sup>th</sup> January</b>	Some children attending a Multi-Schools Council Meeting
<b>Monday 3<sup>rd</sup> February – 3:30pm</b>	Girls Football Match vs Lawford – at Dedham
<b>Tuesday 4<sup>th</sup> February</b>	Stone Age Day at school for Class 3
<b>Friday 7<sup>th</sup> February</b>	YOUNG VOICES CONCERT AT WEMBLEY ARENA
<b>Tuesday 11<sup>th</sup> February – 2:00pm</b>	Drama Club performance to their parents



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<b>Friday 14<sup>th</sup> February</b>	Understanding Christianity Day – Gospel  Non-uniform day – DEN Site
<b>Friday 14<sup>th</sup> February – 3:15pm</b>	Film Club
<b>Friday 14<sup>th</sup> February – 3:30pm</b>	Girls Football Match vs Langham – at Dedham
<b>Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February</b>	HALF TERM
<b>Tuesday 25<sup>th</sup> February – 2:15pm</b>	Parents' Forum
<b>Friday 28<sup>th</sup> February – 2:30pm</b>	Class 5 Showcase Assembly
<b>Tuesday 3<sup>rd</sup> March – 4:00 – 8:00pm</b>	Parents' Evening
<b>Wednesday 4<sup>th</sup> March – 3:30 – 6:00pm</b>	Parents' Evening
<b>Friday 6<sup>th</sup> March</b>	Dressing as a book character (Book Week)
<b>Monday 9<sup>th</sup> March – 6:30pm</b>	Full Governing Body Meeting
<b>Tuesday 17<sup>th</sup> March – 2:30pm</b>	Class 3 Showcase Assembly
<b>Monday 23<sup>rd</sup> March – 2:30pm</b>	Class 6 Showcase Assembly
<b>Tuesday 24<sup>th</sup> March – 2:30pm</b>	Class 1 Showcase Assembly
<b>Friday 27<sup>th</sup> March – 3:15 – 5:00pm</b>	Film Club
<b>Monday 30<sup>th</sup> March – 2:30pm</b>	Class 2 Showcase Assembly

<b>Tuesday 31<sup>st</sup> March – 2:30pm</b>	Class 4 Showcase Assembly
<b>Wednesday 1<sup>st</sup> April – 1:45 – 3:00pm</b>	Some KS2 children visiting residents at Blackbrook Residential Care Home – Easter Crafts
<b>Thursday 2<sup>nd</sup> April – 10:00am</b>	Understanding Christianity Day – Salvation  End of term service at Dedham Church